



# Outstanding individual care for older people

Wellcross Grange, Slinfold, West Sussex



# Wellcross Grange Care Home offers personally tailored care in spacious and warmly welcoming surroundings.

Nursing, dementia and residential care

Set in three acres of manicured grounds in the village of Slinfold on the outskirts of the old market town of Horsham in West Sussex, Wellcross Grange is a beautiful country home which provides nursing, dementia and residential care for up to 39 residents. The home blends its character and traditional past with a modern refurbishment to deliver the highest standards of care. With skilled staff, appetising food, comfortable accommodation and a friendly, homely environment, Wellcross Grange is a welcoming, happy and peaceful place to live.

Being a former country home, each of our rooms is individual and with its own charm and personality. You're sure to find something that suits your taste. We encourage you to bring cherished possessions and personalise your room because we really want you to feel at home. Most of our well-appointed, comfortable rooms have en-suite facilities and they all feature a nurse call system, television and telephone.

Our highly trained, motivated and committed staff work as a close-knit team with the shared goal of giving each of our residents the best possible quality of life. We pride ourselves on providing care that is appropriate and discreet, delivered with dignity, compassion and respect. When it comes to care, only the highest standards will do.

The Matron and staff at Wellcross Grange look forward to welcoming you. Please get in touch today.





## There's no place like home

Arriving at Wellcross Grange you're likely to be greeted first by one of the many ducks who share the beautiful grounds. The welcome inside is even warmer.



The house is full of character which begins with the striking wood panelled entrance hall and continues throughout with original features including fireplaces, high ceilings and large windows. The spacious accommodation offers a traditional, homely environment so you can be comfortable wherever you choose to spend your time.

Residents enjoy views of the beautiful lawned gardens from our lounge, dining room and day room/conservatory. These bright pleasant rooms are focal points for many of the social activities within the home. They are comfortable

welcoming places where people enjoy spending time together or relaxing quietly. The day room leads to a well tended garden, while the dining room overlooks the gardens, duck and koi pond to the front, easily accessed through French doors.

The well-tended grounds create a sense of peace and freedom which enrich the lives of our residents. You can enjoy the views or take fresh air every day as you stroll around the grounds or relax on one of the many benches under a sunshade. Raised beds planted by residents bring colour and interest all year round, and there's a gazebo and pergola too.

## Attentive skilled staff, committed to caring for you

At Wellcross Grange we are wholly committed to providing friendly, personally tailored care to meet the individual needs and wishes of our residents, whatever level of care and support they require.

We are passionate about delivering care with choice and dignity, and this comes from good, well-trained staff. Your health, happiness and wellbeing are our top priorities. We want you always to feel at home. If you choose to make Wellcross Grange your next home, we will involve you in all the decisions about your care and you will be encouraged to choose how you spend your time.

We understand that everyone is an individual with their own wishes and ideas. So we work closely with each resident and their family to assess all their needs – physical, physiological, emotional and spiritual - and create individual care plans. These care plans are regularly reviewed to ensure we continue to meet the needs and expectations of our residents.

Led by an experienced Matron/ Manager, our friendly, attentive and conscientious care team, comprising qualified nurses and highly trained, skilled carers, are on hand 24 hours a day to provide care and support tailored to your individual needs, including:

- Nursing, dementia and residential care
- Personalised care plans
- Long-term care
- Respite and convalescent care, from one day to four weeks
- Overnight and weekend stays
- Palliative care, working closely with a local hospice
- Day care
- Room service



**Our friendly, attentive and conscientious care team, comprising qualified nurses and highly trained, skilled carers, are on hand 24 hours a day.**

As part of a truly holistic approach to your wellbeing, we also offer a range of complementary therapies and services to help you enjoy and live your life to the full. Services include:

- Physiotherapy
- Aromatherapy
- Sensory therapy/hand massage
- Reflexology
- Hairdressing
- Beauty therapy
- Chiropody



## Relax, or enjoy enriching social activities

Our experience shows us that social interaction is really important in later life. Keeping active and engaged is one of the best ways to live well so we aim to create a friendly, social environment.



## Delicious, nutritious meals, prepared and served with care

Our full-time Activities Organiser uses her ideas, energy and considerable experience to deliver a very busy programme which suits residents' individual interests and abilities. Most people thoroughly enjoy taking part in our activities, events and entertainment, and always have the choice to do as much (or as little) as they wish.

The social care programme on offer is varied, interesting and enjoyable, chosen by our residents and tailored to their needs and wishes. Whatever your particular interests, we're certain there will be something

that appeals to you. The long list of activities includes themed lunches, arts and crafts sessions, games and quizzes, making Christmas and other decorations, movement to music, picnics, 'Pets as Therapy' visits, ball games, flower arranging, card making, baking, charity events, hand massage, cooking and tasting sessions. We welcome guest entertainers who provide singing

and musical recitals, magic shows and various productions. We can arrange shopping trips to Horsham or the local garden centre, and outings to local places of interest. And we take full advantage of the gardens and enjoy blackberry picking, feeding the ducks and bulb planting.

**Wellcross Grange enriches the lives of all our residents and promotes wellbeing.**

Mealtimes are a really important part of the day. Here at Wellcross Grange, our aim is that everyone should receive nutritionally balanced, tasty food and to really enjoy their meals.

Our qualified and experienced Chef provides a great variety of appetising and well-presented home-cooked meals, using fresh ingredients which are locally sourced whenever possible. The menu is created with input from residents; after all it is their home. It encompasses a blend of traditional cooking with some exciting ethnic dishes too. We are always happy to cater for special diets and personal preferences, and love nothing more than celebrating birthdays and other

special occasions. Family parties can always be arranged. When weather permits, we enjoy a barbeque or buffet in the garden where staff, residents and their guests gather to enjoy a tasty social event.

For breakfast residents have a choice of fruit, cereal including 'proper porridge', toast or a cooked breakfast, served with tea or coffee and fruit juice. At lunchtime, there's a three course meal with a choice of two hot dishes daily. And a light supper is

served every evening. Throughout the day snacks and hot drinks are available, with home-baked cakes in the afternoon. Each Friday residents enjoy a glass of sherry, and wine is available during the weekends. Most of our residents choose to eat their meals in the bright and welcoming dining room, although for those who prefer to eat in their own room we're happy to accommodate this. And if anyone needs assistance with eating, we'll gladly help.

## Get in touch

We want our home to become your home, where you can look forward to enjoying the next stage of your life in a homely, comfortable environment.

We warmly welcome you to visit Wellcross Grange whenever you would like, no appointment is necessary. However, if you let us know when you'd like to visit, we can be sure to give you as much personal attention as you need to have a proper look around and ask all your questions.

We are happy to consider any individual need, whether it relates to personal preference, physical or mental frailty. Tell us about your care needs and we will be happy to discuss with you how we can help.

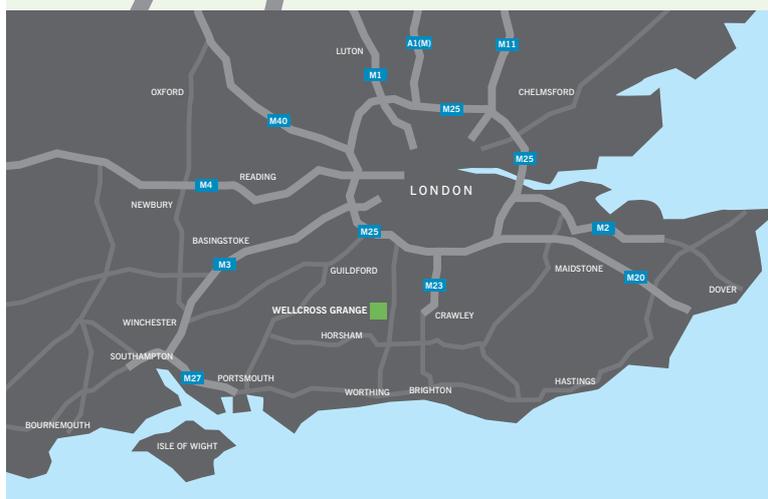
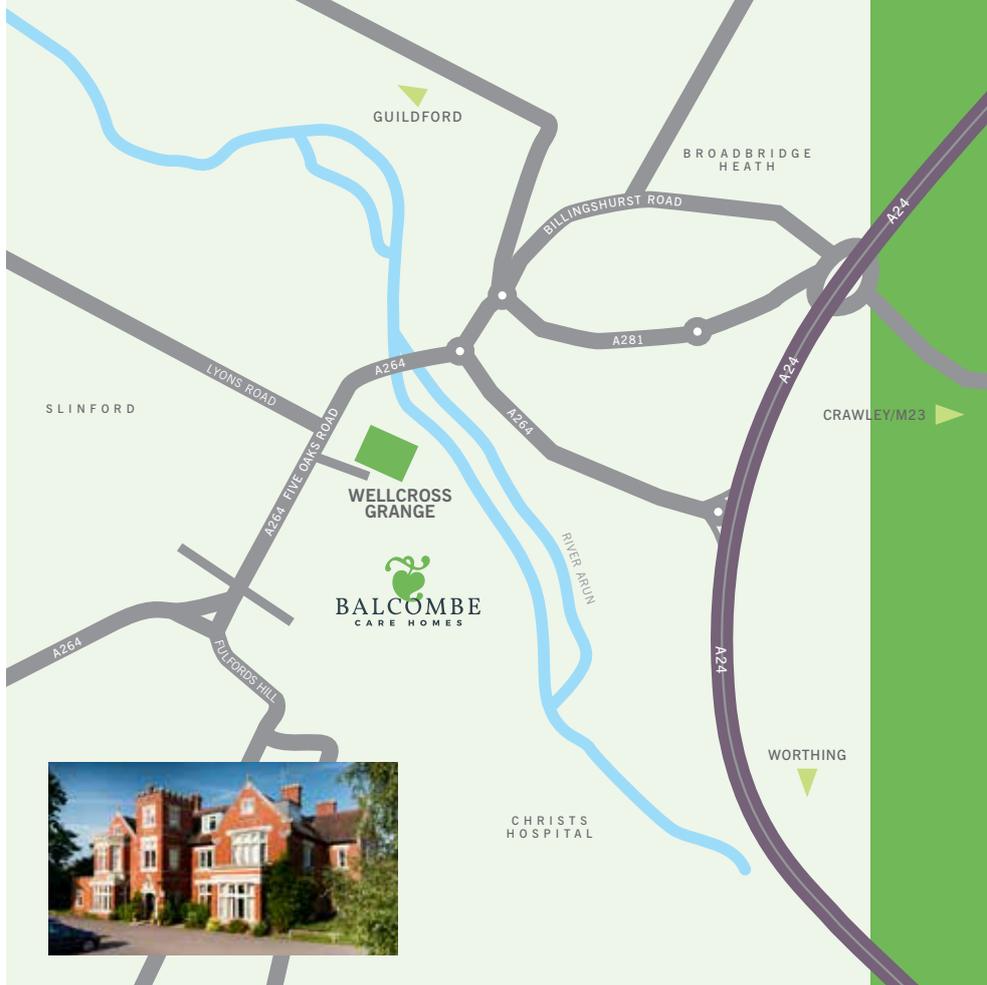
### Wellcross Grange

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## About Balcombe Care Homes

### Delivering the Best Care

Our three care homes provide nursing, residential and dementia care for older people in West Sussex and Surrey. Each of our homes is as individual as the people we care for, so we believe you'll find a home that really suits your needs. Our homes all share an uncompromising commitment to treating each resident as a unique person deserving the best possible quality of life.

### Decades of Experience

We opened our first home in 1985. So, with 30 years' experience of caring for older people, we know what good care looks and feels like. We are proud to have earned an enviable reputation for providing exceptional care. We provide a blend of high care standards, attentive skilled staff, delicious nutritious food, enriching social and activities programmes, and attractive homely surroundings.

### Our other homes

**Kingswood Court**  
Tadworth, Surrey  
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**Aldersmead**  
Bognor Regis, West Sussex  
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